Personal Action Plan for the Certified in Public Health Nursing (CPHN) Certification Exam

Use this worksheet to guide your study plan for the CPHN exam.

Today's Date:

Date you plan to sit for the CPHN certification exam:

CPHN Certification Exam Self-Assessment

Before you build your study plan, review the CPHN Content Outline and take a practice exam. Use what you learn to identify the areas that need the most attention.

Domain	Strong	Developing	Needs Studying
Systems and Foundational Knowledge	❑	❑	❑
Communication and Cultural Competence	❑	❑	❑
Planning and Implementation	❑	❑	❑
Assessment and Analysis	❑	❑	❑
Quality and Evaluation	❑	❑	❑
Policy, Advocacy, and Partnerships	❑	❑	❑
Leadership and Management	❑	❑	❑

Notes:

Build Your Priorities

Based on your self-assessment, choose the areas that deserve the most attention. You don't need to give every content area equal study time.

My high-priority areas:

Areas I need to maintain/review:

Areas where my professional experience is strongest:

My Study Plan

Remember: A study plan isn't just a list of things to read. Include opportunities to retrieve information from memory, answer practice questions, explain concepts in your own words, and apply what you've learned to realistic situations.

Domain	Task	How I'll Study	Resource	Done
Dom: 3	Task: 4	Practice questions + explain missed questions in my own words	CPHN Content Outline	❑

My Study Plan, *continued*				
Domain	**Task**	**How I'll Study**	**Resource**	**Done**

Progress Check

About one month before your exam, take another practice exam to see how your preparation is progressing. Compare the results with your initial self-assessment. Rather than focusing only on your overall score, look at the content areas where you've improved and those that still need additional attention.

Use what you learn to adjust your study plan for your remaining weeks.

Areas where I've improved:

Areas that still need more attention:

What I'll focus on during my remaining study time:

Final Week

In the final week, focus on review and retrieval rather than trying to learn large amounts of new material. Review your weaker areas, confirm your exam-day requirements in the Candidate Handbook, and give yourself time to rest.

☐ Review priority areas
☐ Revisit missed practice questions
☐ Confirm exam logistics
☐ Complete any required system checks
☐ Review identification/testing requirements
☐ Get some rest

Notes: